

Trate / Tracks Quadrathlon 21.07.2018

Komárno

Plavanie / Swim

Depo Bicykel / Transition Bike



Bicykel /Bike

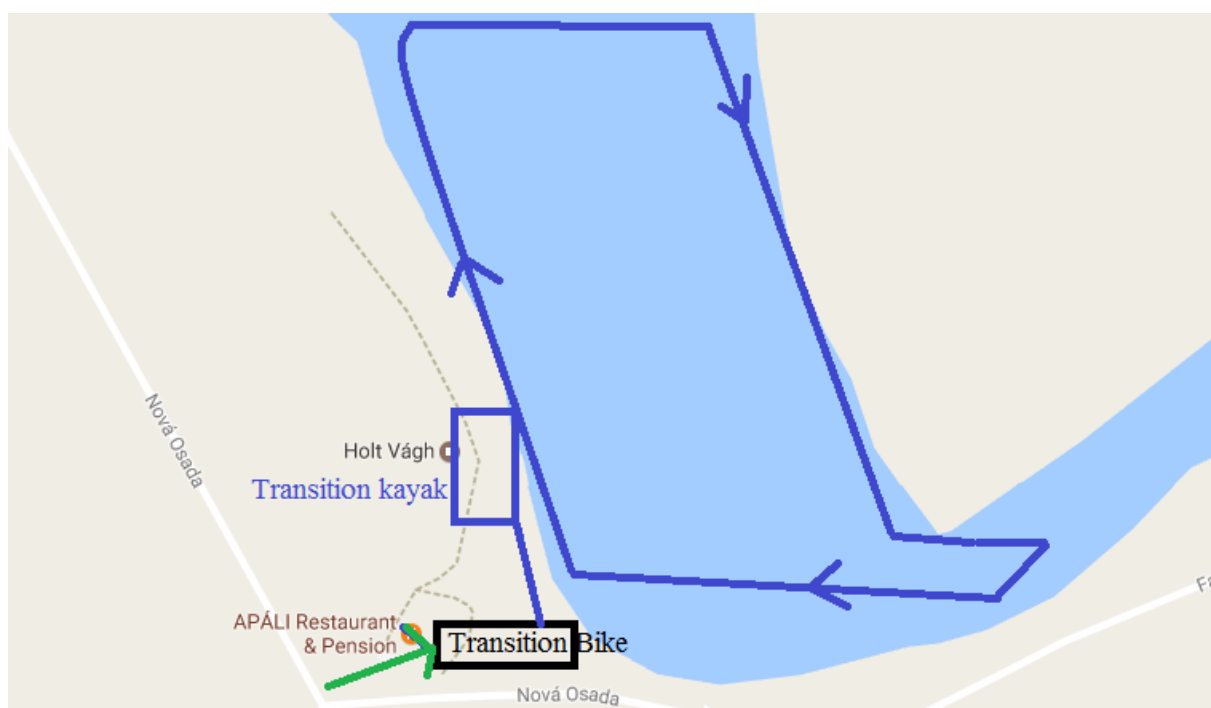
Depo Bicykel / Transition Bike



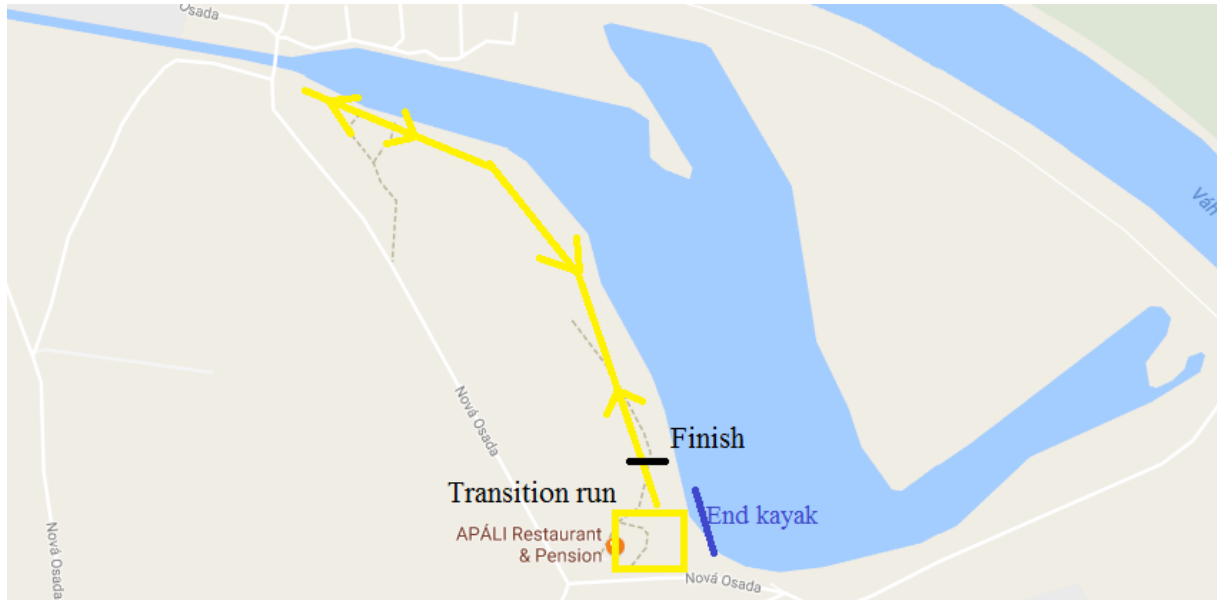
Trasa Bicykel / Track Bike



Depo Kajak, Kajak / Transition Kayak, Kayak



Depo Beh, Beh / Transition Run, Run



Kolá / Laps

Plavanie / Swim - 1 kolo / lap

Bicykel / Bike - 2 kolo / lap

Kajak / Kayak - 2 kolá / laps

Beh / Run - 3 kolo / laps

Vzdialenosti / Distances

Plavanie / Swim - 750 M

Bicykel / Bike - 20 Km

Kajak / Kayak - 4 Km

Beh / Run - 5 Km